

GRAND ROUNDS

Now available in-person and virtually on WebEx!

“Upstream Approaches for Creating a Culture of Personal and Organizational Wellbeing”

Mary Wolf
President
Veritee Partners, LLC

October 14, 2022 | 7:30 a.m. | RCH-West Auditorium

The burnout crisis forces us to study the root causes so we that we can create upstream approaches to preventing burnout and creating cultures of wellbeing. Learn from Mary Wolf of Veritee Partners LLC as she shares her wisdom from coaching physicians, advanced practice providers, residents, and executives through the pandemic. It’s time to focus on how to help ourselves and our colleagues heal from the last two years and move forward with strategies, heart and hope.

Objectives:

1. Recognize the symptoms of burnout and how to talk about it
2. Understand how personal and company values changed during COVID and the ongoing impact of values conflict
3. Learn the Wellbeing Index model to prioritize time and energy
4. Utilize Post Traumatic Growth to build resilience

Breakfast will
be available

Accreditation Statement: The Rapid City Hospital is accredited by the Iowa Medical Society to provide continuing medical education for physicians. **Credit Designation:** The Rapid City Hospital designates this education activity for a maximum of 1 *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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