

# HARDROCKERS

**SUMMER 2021**

## **VOLUNTARY Sport Specific Workout Request**

*This document reflects the permissible activity of team sport athletes that are traditionally not allowed to participate in voluntary summer workouts with sport specific coaches per Bylaw 17. This exception is only applicable to summer 2021 due to relief provided as a result of COVID - 19 by the DII Administrative Committee.*

***Athletes must fill out and send this form back to Seth Nichols: Assistant AD of Compliance in order to gain access to schedule workouts with their coaches.  
The schedule will be tracked on a Google Document.***

Name of Student Athlete: \_\_\_\_\_

Sport: \_\_\_\_\_

Student Athlete Email: \_\_\_\_\_

***Once completed, save it to your computer, and send this document to Seth.Nichols@sdsmt.edu.***