



HARDROCKERS



Strength & Conditioning Summer Workout Request

NAME: _____ CELL PHONE: _____

SPORT: _____ DATE ARRIVED AT SD MINES: _____

Please check all that apply:

- Signed an NLI, Financial Aid Agreement or submitted financial deposit with SD Mines
- Transfer from 2 year or 4 year Institution (Evaluation must be complete prior to Compliance Signature on form)
- Returning Student Athlete

TRANSPORTATION

Do you have an automobile? Yes No

If not, who is providing you with transportation during the summer? _____

How did you get from home/airport to the SD Mines Campus? _____

LODGING

Will you be living in the SD Mines Dorms? Yes No

If not, where and with whom are you staying? _____

Amount of Rent to be paid: _____

**You must pay rent (including utilities) to the owner of the home/apartment if he/she is not a relative.*

I, _____, request permission to participate in the Volunteer Summer Strength and Conditioning Program. By signing this, I hereby affirm that I have returned to campus voluntarily and that I have answered the questions honestly and understand all applicable NCAA rules and regulations. I also realize that a violation of these rules may affect my eligibility.

Student-Athlete Signature

Date

- ATHLETIC TRAINING CHECKLIST:**
- Sickle Cell
 - Proof of Insurance
 - Physical (transfers/freshman) and/or EHH
 - Assumption of risk/liability

THE SIGNATURES BELOW INDICATE THAT ALL APPROPRIATE PAPERWORK HAS BEEN TURNED INTO BOTH THE COMPLIANCE DEPARTMENT AND THE ATHLETIC TRAINING DEPARTMENT AND THAT THE INDIVIDUAL NAMED ABOVE IS CLEARED TO PARTICIPATE IN THE VOLUNTARY SUMMER STRENGTH AND CONDITIONING WORKOUTS. COPIES OF THIS FORM WILL BE KEPT BY COMPLIANCE, ATHLETIC TRAINING AND STRENGTH AND CONDITIONING.

Assistant AD for Compliance Signature

Date

Head Athletic Trainer Signature

Date